



Shopping
Resource Center · Business Directory
Local Entertainment

Community



Connections

April 2010

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Don't go saying the world owes you a living. The world owes you nothing. It was here first.  
~Mark Twain



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**Today marks the 40<sup>th</sup> Anniversary of Earth Day** and cities all over the world are holding events to bring awareness to our planet. It's a day we ask ourselves if we're doing everything we can to take care of our beautiful world and to preserve it for future generations.

With the help of some friends I put together a list of things we all can do, with little effort. Many of which will even save us money.

Instead of using disposable products that will eventually end up in a landfill

#### REUSE:

- Sandwich containers
- Cloth napkins
- Cloth tablecloths
- Handkerchiefs
- Coffee cups and flatware

#### TRADE:

- CDs
- DVDs
- Games
- Videos

#### SWAP:

- Car seats
- Infant & Children's clothing and toys

Use the local  
**LIBRARY**

#### RECYCLE:

- Cans
- Plastic
- Paper
- Glass
- Electronics
- Motor Oil

#### AUCTION:

I know of a group of women in Julian, that get together regularly and auction off their unwanted items. They can keep the money or donate it.

#### DONATE:

- Clothing
- Household items
- Toys
- Vehicles
- Prom Dresses
- Cell phones
- Computers
- Electronics

#### RENT your Bridal Gown

**The Beauty Affair** in Valley Center, CA is collecting "gently used" prom dresses. You can drop them off at 28746 Valley Center Rd. Questions-call Brenda at 760.749.3433



#### DID YOU KNOW?

GOODWILL and DELL computers have expanded their Computer Recycling Program. To find a drop off location near you go to <http://reconnectpartnership.com/locations.php>

**Before disposing your electronics be sure to clean out all data first**

For a list of nonprofit organizations who will put your donated items to good use, go to [www.ACcountryConnection.com](http://www.ACcountryConnection.com) "Newsletter Features"



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## National Autism Awareness Month

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Autism is a severe developmental disorder that begins at birth or within the first two-and-a-half years of life. Most autistic children are normal in appearance, but spend their time engaged in puzzling and disturbing behaviors which are markedly different from those of typical children. Less severe cases may be diagnosed with Pervasive Developmental Disorder (PDD) or with Asperger's Syndrome (these children typically have normal speech, but they have many "autistic" social and behavioral problems). Children do not outgrow autism, but studies show that with early diagnosis and intervention people with autism can live full and healthy lives.

According to the Autism Society approximately one in 110 children are diagnosed with autism. With statistics like that many of us know, or will know someone affected by autism. Whether it is our child or someone else, it would be helpful to educate ourselves.

One way to do this is to find a good book. Google has hundreds of titles and authors to choose from. I came across an interesting book written by a person with autism. The book is titled, "Animals in Translation" by Temple Grandin and Catherine Johnson. I had to force myself to stop reading it for now but definitely plan to finish it later. Choosing the right book to read with your child can be both fun and educational, and will help them feel more comfortable and have a better understanding when they meet someone with autism.

With 170 chapters nationwide, the Autism Society of America is the #1 place to find hundreds of resources for families and organizations serving people with autism. You will find valuable information on programs, support groups, camps, respite care and much more. The ASA can be reached by calling 1.800.3AUTISM (1.800.328.8476).



### Western Days & Stampede Rodeo May 28-30

Valley Center is gearing up for the annual  
Western Days Celebration  
Memorial Weekend

Events include: Honorary Mayor's Race, Pancake Breakfast, Parade,  
Vendors, Live Music, Mechanical Bull, Carnival, Rodeo and lots more!  
For details visit the Valley Center Chamber [website](#)

For all your Western Apparel go to: [www.ACountryConnection.com](http://www.ACountryConnection.com)

Find your favorite brands:

Tony Lama, Ariat, Lucchese Levi's, Wrangler, Nocona, John Deere and  
more





## Live Music and Dessert – May 1st, 7pm at the Palomar Volunteer Fire Station

The Community Center of Palomar Mountain is proud to present **Bill & Bruce Druliner, Dutch Bergman, and Steve Berry** as the one and only '**Smith Mountain Band**'. Try your hand at square dancing or simply sing-along. Prefer a two-step? No problem! Whether you like to dance or prefer to sit back and enjoy the show, we encourage you to come out and enjoy a wonderful evening of Music and Community. Only \$5.00 per person – kids free. Refreshments will be provided and at intermission we will be holding a dessert auction, the proceeds of which will go directly to your new Community Center. Bring your family, your friends and your sense of Community – not to mention your love of music. We hope to see you ALL on May 1st, 7pm at the Fire Station. For more details contact Tracey Chesney at 949.291.7980 or email her at [traceychesney@yahoo.com](mailto:traceychesney@yahoo.com)

### Find gifts for **Mom** and the **Special Graduates**

on your list at: [www.ACountryConnection.com](http://www.ACountryConnection.com)



During the month of April treat them to a pedicure and they will receive a free manicure –or- get \$10.00 off a full set of acrylic nails and nail fills at **The Beauty Affair** 760.749.3433



### Angels & Inspirations



Cards · Jewelry  
Collectible Figurines  
Calendars & More

2116 Main St. Ste 2A – in the  
Historical town of Julian, CA

760.765.3431

For the Angel & Fairy Enthusiast



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Check out the huge selection of Eco-Friendly cleaning supplies in our Going Green Shop



Include your Business in the next newsletter contact Mary at: [info@ACountryConnection.com](mailto:info@ACountryConnection.com) 760.685.6014

For information on items featured In this newsletter go to [www.ACountryConnection.com](http://www.ACountryConnection.com) and click on "Newsletter Features"




Shop your Farmer's Market  
**SUPPORT YOUR LOCAL FARMER**

A Country Connection  
PO Box 1671  
Valley Center, CA 92082

For information on items featured  
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[www.ACountryConnection.com](http://www.ACountryConnection.com)  
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### APRIL/MAY Entertainment & Events San Diego North County

April 24 Cheeta & the Radio Flyers  
April 24-25 Spring Crafts & Car Show  
May 1 Cowboy Jack (7-10pm)  
May 1 Live Music & Square Dancing  
May 2 SD Breath of Hope Lung  
Cancer 5K Walk

May 15 Calico Ridge  
May 20-22 Del Mar Quilt, Craft & Sewing Festival  
May 22 Banned From Eden  
May 28-30 Western Days & Stampede Rodeo  
May 30 Vista Strawberry Festival 5K & Kids Race

For details on these events go to [www.ACountryConnection.com](http://www.ACountryConnection.com)  
and click on "Newsletter Features"

CONTESTS  
CONTESTS



#### **\$150.00 Grocery Giveaway**

Register for Your Chance to Win  
\$150 in FREE Groceries

Look for



Your chance  
to WIN  
here!

on the website for your  
chance to win great prizes

CALLAWAY  
PREOWNED  
\$100 Gift Card  
Given away DAILY



Trip for 2



Win this handy  
Gardner's Supply Cart



**\$25,000 Tuition Fund**

